

2026 U-High Women's Flag Football Camp



Entering Grades 9 – 12

Where: Grove Street Fields

405 N Grove Street,

Normal, IL 61761

August 3,4,5, and 6

9-11am

*Camp Cost \$65 includes a t-shirt.
All proceeds go to the program.*

Camp Coaches:

Hayley Sefton

Camp Features:

Individual Instruction

Skills Competition

Season Preparation

Equipment Needed:

All campers are to supply their own practice attire

Cleats (no metal cleats can have front toe cleat)

Water Bottle

Camp T-Shirt will be given to each participant

Please check U-High Athletic Page for any weather cancellations

Any questions contact Hayley Sefton 309-253-1802 or hmsefto@ilstu.edu

